

# **Moodlakatte Institute of Technology**

## TRAINING AND PLACEMENT CELL

**TOPIC** 

## PERSONALITY DEVELOPMENT

Organized On

09/11/2022

## Resource Person

## Mr.Vinod Madhavan

Vice President-Academic Affairs, Miles School of Branding and Advertising Ex Dean-Admin and Associate

T.A.PAI MANAGEMENT INSTITUTE

## **Contact Details**

#### **Phone No:**

9902936587

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## **Participants**

First Year and Second Year Engineering Students

## **Preamble**

The session on "Personality Development" conducted by Mr. Vinod Madhavan, Vice President-Academic Affairs at Miles School of Branding and Advertising, was designed to empower and guide first-year engineering students in their personal and professional growth. The session aimed to provide valuable insights and practical guidance on developing essential skills and qualities that contribute to a well-rounded personality.

#### BRIEF PROFILE OF TRAINER

Vice President For Academic Affairs Vice President For Academic Affairs

Miles SoBA · Full-timeMiles SoBA · Full-time

Jul 2022 - Present · 1 yr 1 moJul 2022 - Present · 1 yr 1 mo

Mumbai, Maharashtra, India Mumbai, Maharashtra, India

Educational ConsultantEducational Consultant

Self-employedSelf-employed

Aug 2021 - Present · 2 yrsAug 2021 - Present · 2 yrs

ManipalManipal

T A Pai Management Institute, Manipal logo

Dean-Admin and Associate Professor Dean-Admin and Associate Professor

T.A.PAI MANAGEMENT INSTITUTE · Full-timeT.A.PAI MANAGEMENT INSTITUTE · Full-time

Sep 2010 - Aug 2021 · 11 yrsSep 2010 - Aug 2021 · 11 yrs

ManipalManipal

Academia, Field ResearchAcademia, Field Research

Associate ProfessorAssociate Professor

**NMIMSNMIMS** 

Aug 2007 - Aug 2010 · 3 yrs 1 moAug 2007 - Aug 2010 · 3 yrs 1 mo

Bangalore and MumbaiBangalore and Mumbai

Assistant ProfessorAssistant Professor

SDM-IMDSDM-IMD

Apr 2005 - Jul 2007 · 2 yrs 4 mosApr 2005 - Jul 2007 · 2 yrs 4 mos

Senior LecturerSenior Lecturer

KIAMSKIAMS

Aug 2002 - Mar 2005 · 2 yrs 8 mosAug 2002 - Mar 2005 · 2 yrs 8 mos

**RSORSO** 

Mobil Peevees Ltd (A Unit of Exxon Mobil USA) Mobil Peevees Ltd (A Unit of Exxon Mobil USA)

Jun 1999 - Aug 2002 · 3 yrs 3 mos

#### **REPORT**

On 09/11/2022, a session on "Personality Development" was conducted for first-year engineering students. The session aimed to provide students with valuable insights and guidance on enhancing their personal and professional development. Mr. Vinod Madhavan, Vice President-Academic Affairs at Miles School of Branding and Advertising, led the session.

## Objectives of the session:

- Self-Awareness: The session aimed to help students develop self-awareness by
  encouraging reflection on their strengths, weaknesses, values, and goals. The
  objective was to provide students with a deeper understanding of themselves and their
  personal attributes.
- Effective Communication Skills: The session aimed to enhance students'
  communication skills, both verbal and non-verbal. The objective was to provide
  practical tips and techniques to improve their ability to express themselves clearly,
  actively listen, and effectively communicate with others.
- Interpersonal Skills: The objective was to foster the development of strong
  interpersonal skills among students. The session aimed to provide insights into
  building positive relationships, resolving conflicts, and working effectively in teams.
  The objective was to equip students with the skills necessary for successful
  collaboration and interpersonal interactions.

- Time Management and Goal Setting: The session aimed to guide students in
  effective time management and goal setting. The objective was to provide strategies
  for prioritizing tasks, managing time efficiently, and setting SMART goals (Specific,
  Measurable, Achievable, Relevant, and Time-bound). The aim was to help students
  develop organizational skills and work towards achieving their objectives.
- Professional Etiquette and Personal Branding: The session aimed to familiarize
  students with professional etiquette and the importance of personal branding. The
  objective was to provide guidance on appropriate workplace behavior, professional
  dress codes, and creating a positive personal brand. The aim was to help students
  project a professional image and develop a strong professional identity.
- Practical Insights and Guidance: The session aimed to provide students with
  practical insights and guidance on personal and professional development. The
  objective was to offer actionable advice and suggestions that students could
  implement in their daily lives to enhance their overall personality.
- Interactive Engagement: An objective of the session was to encourage interactive
  engagement between the presenter and students. This allowed for the exchange of
  ideas, clarification of doubts, and active participation, enabling a deeper
  understanding of the concepts discussed.

#### **Content Covered:**

**Introduction to Personality Development:** The session began with an introduction to the concept of personality development and its importance in personal and professional success. Mr. Vinod Madhavan explained the significance of self-awareness, effective communication, and interpersonal skills in shaping one's personality.

**Self-Reflection** and **Awareness:** The presenter emphasized the importance of self-reflection and self-awareness as the foundation for personal growth. Students were guided to reflect on their strengths, weaknesses, values, and goals, enabling them to gain a deeper understanding of themselves.

**Communication Skills:** The session focused on developing effective communication skills, including verbal and non-verbal communication, active listening, and clarity in expression. Practical tips and techniques were shared to help students improve their communication abilities.

**Interpersonal Skills:** The presenter highlighted the significance of interpersonal skills in building strong relationships, collaborating effectively, and succeeding in team environments. Concepts such as empathy, conflict resolution, and teamwork were discussed, providing students with strategies to enhance their interpersonal skills.

**Time Management and Goal Setting:** The session touched upon the importance of time management and setting SMART (Specific, Measurable, Achievable, Relevant, and Timebound) goals. Students were introduced to techniques for prioritizing tasks, managing their time effectively, and setting achievable goals for personal and academic growth.

**Professional Etiquette and Personal Branding:** The presenter discussed the significance of professional etiquette and personal branding in the professional world. Students were introduced to professional dress codes, workplace behaviour, and the importance of developing a positive personal brand.

**Q&A** and Interactive Session: The session concluded with an interactive Q&A session, allowing students to seek clarifications and share their insights. Mr. Vinod Madhavan addressed their questions and provided practical advice and suggestions to help students overcome challenges and succeed in their personal and professional lives.

#### **Key Takeaways:**

- Self-awareness and self-reflection as the foundation for personal growth.
- Enhanced communication skills, including verbal and non-verbal communication.
- Improved interpersonal skills for effective collaboration and relationship-building.
- Time management techniques and goal-setting strategies.
- Understanding of professional etiquette and the importance of personal branding.
- Practical insights and guidance for personal and professional development.
- Opportunity for interactive engagement and Q&A with an industry expert.

## **ORGANIZING COMMITTEE**

Prof.Amruthmala-Dean TPIR

Prof. Akshatha Naik-Placement Officer

#### **FEEDBACK**

#### Student Feedback:

Students appreciated the practical tips and guidance provided during the session. They mentioned specific strategies or techniques they found useful for improving their communication skills, time management, goal setting, and personal branding.

#### **Resource Person Feedback:**

The resource person appreciated the active participation and engagement of the students. The enthusiasm and willingness to learn demonstrated by the participants created a positive learning environment.





Dean TPIR

Principal

Moodlakatte Instituteinginglehnology

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Udupi Dist, Karnataka